

COMMONWEALTH JUDO CHAMPIONSHIPS

PORT ELIZABETH, SOUTH AFRICA

2016



HOSTED BY JUDO SOUTH AFRICA

***NMMU Summerstrand Campus (South), University Way, Summerstrand,
PORT ELIZABETH, 6001, SOUTH AFRICA***

SATURDAY, 23 APRIL 2016	–	COMMONWEALTH JUDO CONGRESS
SUNDAY, 24 APRIL 2016	–	COMMONWEALTH JUDO CHAMPIONSHIPS FOR GRAND MASTERS
MONDAY, 25 APRIL 2016	–	COMMONWEALTH JUDO CHAMPIONSHIPS FOR PRE- CADETS COMMONWEALTH VISUALLY IMPAIRED
TUESDAY, 26 APRIL 2016	–	COMMONWEALTH JUDO CHAMPIONSHIPS FOR CADETS
WEDNESDAY, 27 APRIL 2016	–	COMMONWEALTH JUDO CHAMPIONSHIPS FOR JUNIORS
THURSDAY, 28 APRIL 2016	–	COMMONWEALTH JUDO CHAMPIONSHIPS FOR SENIORS



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Nelson Mandela Metropole University (NMMU)
Summerstrand Campus (South)
Summerstrand
PORT ELIZABETH 6001
South Africa



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WELCOME

JUDO SOUTH AFRICA is proud to welcome you to the Commonwealth Judo Association family to South Africa for the 2016 Commonwealth Judo Championships.

INTRODUCTION

Judo South Africa was formed through a 1994 unification process between SAJU and SAJA. We have produced various South African Champions and National players over the years. We are very proud to announce that at the Commonwealth Games held in Glasgow in July 2014, we performed very well and won 4 medals, namely :

Gold	-	Zack Piontek
Silver	-	Ruan-Tobie Snyman
Bronze	-	Jacques van Zyl & Siyabulela Mabulu

Jacques van Zyl also won gold medals at the Senior Africa Championships for three years – 2011, 2013 and 2014.

Currently we have two athletes on SASCOG's OPEX programme:

- Jacques Van Zyl
- Siyabulela Mabulu

Website : www.judosa.co.za

Information regarding Port Elizabeth :

Blessed with a mild climate, breath-taking beaches and spectacular surrounds, PE as it is usually known has many other nicknames besides its abbreviation. Some call it the Windy City, while others call it the Friendly City. Whatever you prefer to call it, one thing is sure – this is the ideal place to explore the province's many highlights.

Being on the long stretch of coastline that makes up Algoa Bay, it is no surprise that PE is blessed with some of the world's best beaches. White sands and warm water are the order of the day, with a huge variety of options to choose from across the city. Other outdoor hotspots include game reserves such as Seaview Lion Park, Settlers Park Nature Reserve and the Island Nature Reserve, while the Bayworld Museum Complex includes an oceanarium and museum that showcase the area's marine heritage.

Cultural highlights meanwhile range from the fascinating Donkin Heritage Trail to the Fort Frederick monument, the Port Elizabeth Apple Express, Humewood Beachfront market and Bird Island Lighthouse. Many museums, art galleries, shops, restaurants, pubs and activity centres are also found here, ensuring plenty to do for visitors of all ages. For business travellers, there are many good conference venues situated throughout the city, in addition to a growing CBD that is well-positioned for the corporate travel market.



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There are number of stunning venues in Port Elizabeth as well as The Boardwalk Casino and Entertainment World. The Boardwalk offers a number of fine restaurants, retail shops, kiddies play areas and of course The Casino.

The Championships will incorporate the :

- Commonwealth Judo Congress
- Commonwealth Masters
- Commonwealth Visual Impaired
- Commonwealth Pre-Cadets
- Commonwealth Cadets
- Commonwealth Juniors
- Commonwealth Seniors



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1. COMMONWEALTH JUDO ASSOCIATION CONGRESS

- 1.1 The Commonwealth Judo Association congress will take place at the NMMU, Port Elizabeth, South Africa on Saturday, 23 April 2016.
- 1.2 This information pack provides early notice of the Congress. This is the General Meeting of the Member Federation of the Commonwealth Judo Association.
- 1.3 The formal calling notice for the Congress, the Remits and Nominations shall be sent out by the Secretary General and Treasurer of the Commonwealth Judo Association to the Presidents of the Member Federations during March 2016
- 1.4 Each Member Federation may be represented by not more than two delegates.
- 1.5 Each Member Federation shall be entitled to one vote only.
- 1.6 There shall be no Proxy voting
- 1.7 Any questions regarding the Congress, please contact the Secretary General and Treasurer, Dr Mike Callan at mikecallan@judospace.com



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2. COMMONWEALTH JUDO CHAMPIONSHIPS FOR VISUALLY IMPAIRED

2.1 DATE

The individual competition will be held on 25 April 2016

2.2 PARTICIPATION

2.2.1 Each delegation may enter up to a maximum of 1 competitor per category

2.2.2 The competitors can only compete in one weight category, the one in which they are enrolled.

2.2.3 The competitors must be of the same nationality as the country, which enters them.

2.2.4 Competitors who have double nationality can only represent 1 country. After having represented a country in the Olympics Games, in Continental or Regional Games or in World or Regional Championships, recognised by the CJA, they may not represent another country unless they meet the conditions set forth in the next paragraph.

2.2.5 When a competitor changes nationality, they must wait 3 years before they can represent the new country, unless the two countries concerned (the old country and the new country) agree to authorise their entry for the new nationality and this is accepted by the CJA (according to the Olympic Charter Article. 42).

2.2.6 Each Delegation will be given a number of free accreditations for the Commonwealth Judo Championships for Cadets depending on the number of athletes :

*	01 - 02 competitors	:	02 Officials
*	03 - 04 competitors	:	03 Officials
*	05 - 06 competitors	:	04 Officials
*	07 - 08 competitors	:	05 Officials
*	09 - 10 competitors	:	06 Officials
*	11 - 12 competitors	:	07 Officials
*	13 - 14 competitors	:	08 Officials
*	15 - 16 competitors	:	09 Officials
*	17 - 19 competitors	:	10 Officials
*	20 – 22 competitors	:	11 Officials
*	23 - 25 competitors	:	12 Officials
*	26 – 28 competitors	:	13 Officials
*	29 – 32 competitors	:	14 Officials



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2.3 AGE

All competitors must be born in the years as stated below :

2.4 WEIGHT CATEGORIES

Group 4: 1998/1999/2000

Male : -46,-50,-55,-60,-66,-73,-81,-90,90+

Female : -40,-44,-48,-52,-57,-63,-70,70+

Group 5 : 1995/1996/1997

Males: -55, -60, -66, -73,- 81, -90, -100, 100+

Females: -44, -48, -52, -57, -63, -70, -78, -78+

Group 6 : 1994 & Earlier

Males : -56, -60, -66, -73,- 81, -90, -100, 100+

Females: -48, -52, -57, -63, -70, -78, -78+

2.5 METHOD OF ELIMINATION

2.5.1 The competition will run on the knockout and simple repechage systems, i.e. for all categories the competitors will be divided into two tables by means of a “draw”, and an elimination system will be used to produce two finalists, who will compete for the Gold medal.

2.5.2 The competitors defeated by the finalists will compete in repechage contests to win the 2 Bronze medals. The Event Directors reserves the right to alter this competition format depending upon the number of entries received.

2.6 DURATION OF CONTESTS

The duration of each contest will be as per IJF rules for Groups 4, 5 & 6

2.7 WEIGH-IN

2.7.1 Unofficial weigh-in takes place just before the official weigh in. The weigh-in takes place on the night before at the Garden Court Holiday Inn as the competition for the category concerned.

2.7.2 Exact times for weigh in can be found in the detailed program. The weight of the competitors has to fall within the category in which they are enrolled.



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2.7.3 The competitors:

- * Presenting them after the closing of the weigh-in, cannot participate at the competition.
- * Can present them only one time at the official weigh-in.
- * Must present their CJA accreditation and an official piece of identity (identity card or passport) at the official weigh-in.
- * **Groups 4, 5, 6 Visually Impaired are not allowed to weigh in naked. Boys must wear judogi trousers and will be given 0.5kg allowances; girls must wear judogi trousers and T-shirt and will be given 0.6kg allowance.**

2.7.4 The weigh-in will be held at the Venue

2.8 DRAW

Note :

- 2.8.1 Before the draw the lists of each category will be displayed in the draw room or in the corridor outside the draw room.
- 2.8.2 Each head of delegation should check that all their inscribed competitors are on these lists and that they are under the right category. No corrections can be made after the draw.
- 2.8.3 The draw will take place at the venue
- 2.8.4 There were no previous Commonwealth Judo Association Visually Impaired Championships; therefore there will be no seeding for this event. For the rest of the draw separation by nation will be respected.
- 2.8.5 Special refereeing rules (Commonwealth Visually Impaired Championships). No Kansetsu-waza or Shime-waza allowed



3. COMMONWEALTH JUDO CHAMPIONSHIPS FOR GRAND MASTERS

3.1 DATE

The individuals' competition will be held on 24 April 2016

3.2 All the following conditions must be met in full for an individual to be considered eligible to participate in this championship.

3.2.1 Minimum age of 30 as at 31 January 2016

3.2.2 Hold a current and valid licence (membership) issued by a National Federation currently affiliated to the Commonwealth Judo Associations

3.2.3 Pay the appropriate entry fees in full within the deadline time outlined in this document.

3.2.4 Meet the specific weigh-in requirements as applicable.

3.2.5 Provide photographic proof of you identity and date of birth using a valid current passport or a current National Identification Card.

3.2.6 A Competitor must not have represented a National Team in any competition at international senior level at any time in the twelve month period before the Championships.

3.2.7 It is recommended that all competitors should have had a recent medical check-up prior to the championship.

3.2.8 There is no limit on the maximum number of competitors each delegation may enter per category. The competitors can only be entered in one weight category, the one in which they are enrolled.

3.2.9 In order to help ensure that there is a possibility of multiple fights for each player, the organisers intend to limit the entry to the Masters Championships to the first 400 participants. This will be strictly on a first come first served basis. To avoid disappointment, please enter early.

3.2.10 The competitors must be of the same Nationality as the country, which enters them. Competitors who have double nationality can only represent 1 country. After having represented a country in the Olympic Games, in Continental or Regional Games or in World or Regional Championships, recognised by the CJA, he may not represent another country unless he meets the conditions set forth in the next paragraph.



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3.2.11 When a competitor changes nationality, he must wait 3 years before he can represent the new country, unless the two countries concerned (the old country and the new country) agree to authorise his entry for the new nationality and this is accepted by the CJS (according to the Olympic Charter Article 42)

3.2.12 Each Delegation will be given a number of free accreditations for the Commonwealth Judo Championships for Grand Masters depending on the number of athletes.

*	01 - 02 competitors	:	02 Officials
*	03 - 04 competitors	:	03 Officials
*	05 - 06 competitors	:	04 Officials
*	07 - 08 competitors	:	05 Officials
*	09 - 10 competitors	:	06 Officials
*	11 - 12 competitors	:	07 Officials
*	13 - 14 competitors	:	08 Officials
*	15 - 16 competitors	:	09 Officials
*	17 - 19 competitors	:	10 Officials
*	20 – 22 competitors	:	11 Officials
*	23 - 25 competitors	:	12 Officials
*	26 – 28 competitors	:	13 Officials
*	29 – 32 competitors	:	14 Officials

3.3 AGE

Age divisions – how age is determined :

Players will be allocated an age division based on the following criteria:

<i>Age Divisions</i>	<i>Year of Birth</i>	<i>Age category</i>
F1/M1	1986 – 1982	30 - 34
F2/M2	1981 – 1977	35 - 39
F3/M3	1976 – 1972	40 - 44
F4/M4	1971 – 1967	45 - 49
F5/M5	1966 – 1962	50 - 54
F6/M6	1961 – 1957	55 - 59
F7/M7	1956 – 1952	60 - 64
F8/M8	1951 – 1947	65 - 69
F9/M9	1962 and Earlier	70 and older

3.4 WEIGHT CATEGORIES

Women	:	-48kg -52kg -57kg -63kg -70kg 78kg +78kg
Men	:	-60kg -66kg -73kg -81kg 90kg 100kg +100kg



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3.5 COMPETITION FORMULA

- 3.5.1 The Competition format for the Master categories will of course depends on the number of entries received, and the outcome of any category combining that may take place. It is the intention of the organisers to try to ensure that players have at least two fights. However, we are not able to make a final decision on the format until after the entry closing date.
- 3.5.2 The Event Director reserves the right to alter the competition format depending upon the numbers of entries received.
- 3.5.3 Preliminaries of the Individual contents and the fight for the Bronze medals and the Finals for the most categories will be held on 4 to 5 mats. Selected Finals will be part of the evening show, on 1 to 3 mats.
- 3.5.4 The finals will be part of the evening show, on 1-3 mats.
- 3.5.5 All medallists in the selected Finals must attend the evening Medal Ceremony in white judogi. Medals will only be presented during the ceremonies.

3.6 DURATION OF CONTESTS

- 3.6.1 The duration of each contest will be that of 3 minutes of men and women and the Golden Score 2 minutes of competitors in the M1/F1 to M6/F6 age range
- 3.6.2 The duration of each contest will be that of 2.5 minutes for men and women and the Golden Score 1 minute for competitors in the M7/F7 to M9 /F9 age range.

3.7 WEIGH IN

- 3.7.1 Unofficial weigh-in takes place just before the official weigh in. The weigh-in takes place on the night before at the Garden Court Holiday Inn as the competition for the category concerned.
- 3.7.2 The weigh-in for Masters only will be held at the Holiday Inn Garden Court Summer Strand
- 3.7.3 Exact times for weigh-in can be found in the detailed program published. The weight of the competitors has to fall within the category in which they are enrolled.



3.7.4 The competitors

- * Presenting them after the closing of the weigh-in, cannot participate at the competition.
- * Can present themselves only once at the official weigh-in
- * Must present their Accreditation card and passport at the official weigh-in
- * Are not allowed to weigh

3.8 DRAW

Note : Before the draw, the lists of each category are hung in the draw room/in the corridor outside the draw room. Each Head of Delegation should check that all his inscribed competitors are on these lists and that they are under the right category. No corrections can be made after the draw.

3.8.1 The draw will take place at the venue.

3.8.2 In the draw, any medallists in the same weight and age category from the previous Commonwealth Judo Championships for Grand Masters

3.9 CATEGORY COMBINING

3.9.1 A Technical Official from the Commonwealth Judo Association will delegate responsibility to suitable individuals, in order to operate of the category combining policy.

3.9.2 Only weight categories with three or less entries may be subject to category combining. However, in the case of only three entries, if it is not possible to achieve category combining safely and according to the guidelines, then a pool of three eliminations system will be considered

3.9.3 Players should remain within their age division if possible

3.9.4 Weight category : Competitors may only be combined with other competitors who are no more than one weight category lighter or one weight category heavier. Special consideration should be given to the actual weight differences when dealing with the lightest and the heaviest female and male categories (as a guideline a maximum of 10kg actual difference when combining the lightest weight category and a maximum of 20kg actual difference when combining the heaviest weight category should be considered as a limit unless there are other compensatory factors such as experience, etc.)



- 3.9.5 Weight should be the primary consideration when moving players about within their own age division or combining them with other age divisions in accordance with the age division's guidelines below.
- 3.9.6 Competitors in age divisions M7 or F7 and above (for example M8/F8, M9/F9 etc) may only be combined with other competitors who are no more than one age division higher or more than one age division lower, i.e. competitors in M7/F7 may only be combined with competitors from M6/F6 of M8/F8.
- 3.9.7 Competitors from divisions M6 or F6 may be combined with competitors no more than one age divisions higher or two age divisions lower, i.e. M7/F7, M5/F5 and M4/F4.
- 3.9.8 Competitors from divisions M5 or F5 may be combined with competitors no more than one age divisions higher or two age divisions lower, i.e. M6/F6, M4/F4 and M3/F3.
- 3.9.9 Competitors from divisions M4 or F4 may be combined with competitors no more than two age divisions above or two age divisions below, i.e. M3/F3, M2/F2 and M5/F5, M6/F6
- 3.9.10 Competitors from divisions M3 or F3 may be combined with competitors no more than two age divisions below or two age divisions above, i.e. M1/F1, M2/F2 and M4/F4, M5/F5
- 3.9.11 Competitors from divisions M2 or F2 may be combined with competitors no more than one age divisions below or two age divisions above, i.e. M1/F1, M3/F3 and M4/F4
- 3.9.12 Competitors in age divisions M1 or F1 may only be combined with competitors in two age divisions above, i.e. M2/F2 and M3/F3

<i>Age Divisions</i>	<i>With Higher Age</i>	<i>With Lower Age</i>
M1/F1	M2/F2 M3/F3	N/A
M2/F2	M3/F3 M4/F4	M1/F1
M3/F3	M4/F4 M5/F5	M1/F1 M3/F3
M4/F4	M5/F5 M6/F6	M2/F2 M5/F5
M5/F5	M6/F6	M3/F3 M4/F4
M6/F6	M7/F7	M4/F4 M5/F5
M7/F7	M8/F8	M6/F6
M8/F8	M9/F9	M7/F7
M9/F9	N/A	M8/F8



4. COMMONWEALTH JUDO ASSOCIATION CHAMPIONSHIPS FOR PRE-CADETS

4.1 DATE

The individual competition will be held on 25 April 2016

4.2 PARTICIPATION

4.2.1 No maximum entries for this division.

4.2.2 The competitors can only compete in one weight category, the one in which they are enrolled.

4.2.3 The competitors must be of the same nationality as the country, which enters them.

4.2.4 When a competitor changes nationality, they must wait 3 years before they can represent the new country, unless the two countries concerned (the old country and the new country) agree to authorise their entry for the new nationality and this is accepted by the CJA (according to the Olympic Charter Article. 42). **NOT APPLICABLE TO PRE-CADETS!**

4.2.5 Each Delegation will be given a number of free accreditations for the Commonwealth Judo Championships for Cadets depending on the number of athletes :

*	01 - 02 competitors	:	02 Officials
*	03 - 04 competitors	:	03 Officials
*	05 - 06 competitors	:	04 Officials
*	07 - 08 competitors	:	05 Officials
*	09 - 10 competitors	:	06 Officials
*	11 - 12 competitors	:	07 Officials
*	13 - 14 competitors	:	08 Officials
*	15 - 16 competitors	:	09 Officials
*	17 - 19 competitors	:	10 Officials
*	20 – 22 competitors	:	11 Officials
*	23 - 25 competitors	:	12 Officials
*	26 – 28 competitors	:	13 Officials
*	29 – 32 competitors	:	14 Officials

4.3 AGE

All competitors must be born in the years 2002 – 2003 (13 – 14 Years)



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4.4 WEIGHT CATEGORIES

Girls: -32kg; -36kg; -40kg; -44kg; -48kg; -52kg; -57kg; - 63kg; +63kg
Boys: -30kg; -34kg; -38kg; -42; -46kg; -50kg; -55kg; -60kg; -66kg; +66kg

4.5 METHOD OF ELIMINATION

4.5.1 The competition will run on the knockout and simple repechage systems, i.e. for all categories the competitors will be divided into two tables by means of a “draw”, and an elimination system will be used to produce two finalists, who will compete for the Gold medal.

4.5.2 The competitors defeated by the finalists will compete in repechage contests to win the 2 Bronze medals. The Event Directors reserves the right to alter this competition format depending upon the number of entries received.

4.6 DURATION OF CONTESTS

The duration of each contest will be that of 3 minutes for boys and girls.

4.7 WEIGH IN

4.7.1 Unofficial weigh-in takes place just before the official weigh in. The weigh-in takes place on the night before at the Garden Court Holiday Inn as the competition for the category concerned.

4.7.2 Exact times for weigh in can be found in the detailed program. The weight of the competitors has to fall within the category in which they are enrolled.

4.7.3 The competitors:

- * Presenting them after the closing of the weigh-in, cannot participate at the competition.
- * Can present them only one time at the official weigh-in.
- * Must present their CJA accreditation and an official piece of identity (identity card or passport) at the official weigh-in.
- * **Are not allowed to weigh in naked. Boys must wear judogi trousers and will be given 0.5kg allowances; girls must wear judogi trousers and T-shirt and will be given 0.6kg allowance.**

4.7.4 The weigh in will be held at the Venue



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4.8 DRAW

Note :

- 4.8.1 Before the draw the lists of each category will be displayed in the draw room or in the corridor outside the draw room.
- 4.8.2 Each head of delegation should check that all their inscribed competitors are on these lists and that they are under the right category. No corrections can be made after the draw.
- 4.8.3 The draw will take place at the venue.
- 4.8.4 There were no previous Commonwealth Judo Association Pre-Cadet Championships; therefore there will be no seeding for this event. For the rest of the draw separation by nation will be respected.
- 4.8.5 Special refereeing rules (Commonwealth Pre-Cadet Championships)
No Kansetsu-waza or Shime-waza allowed



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5.0 COMMONWEALTH JUDO CHAMPIONSHIPS FOR CADETS

5.1 DATE

The individual competition will be held on 26 April 2016

5.2 PARTICIPATION

5.2.1 Each delegation may enter up to a maximum of 2 competitors per category, totalling up to 32 competitors.

5.2.2 The competitors can only be entered only in one weight category, the one in which they are enrolled.

5.2.3 The competitors must be of the same nationality as the country, which enters them. Competitors who have double nationality can only represent 1 country. After having represented a country in the Olympic Games, in continental or regional games or in world or Regional Championships, recognised by die CJA, he may not represent another country unless he meets the conditions set forth in the next paragraph.

5.2.4 When a competitor changes nationality, he must wait 3 years before he can represent the new country, unless the two countries concerned (the old country and the new country) agree to authorize his entry for the new nationality and this is accepted by the CJA (according to the Olympic Article 42)

5.2.5 Each Delegation will be given a number of free accreditations for the Commonwealth Judo Championship for Cadets depending on the number of athletes :

*	01 - 02 competitors	:	02 Officials
*	03 - 04 competitors	:	03 Officials
*	05 - 06 competitors	:	04 Officials
*	07 - 08 competitors	:	05 Officials
*	09 - 10 competitors	:	06 Officials
*	11 - 12 competitors	:	07 Officials
*	13 - 14 competitors	:	08 Officials
*	15 - 16 competitors	:	09 Officials
*	17 - 19 competitors	:	10 Officials
*	20 – 22 competitors	:	11 Officials
*	23 - 25 competitors	:	12 Officials
*	26 – 28 competitors	:	13 Officials
*	29 – 32 competitors	:	14 Officials



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5.3 AGE

Competitors must be under the age of 18 that is born in the year 1999, 2000, 2001.

5.4 WEIGHT CATEGORIES

Girls : -40kg; -44kg; -48kg; -52kg; -57kg; - 63kg; -70kg; +70kg
Boys : -50kg; -55kg; -60kg; -66kg; -73kg; -81kg; -90kg; +90kg

5.5 COMPETITION FORMULA

5.5.1 The competition will run on the knockout and simple repechage system, i.e. for all categories the competitors will be divided into two tables by means of a “draw” and an elimination system will be used to produce two finalists, who will compete for the gold medal.

5.5.2 The competitors defeated by the finalists will compete in repechage contests to win the 2 bronze medals.

5.5.3 The event Director reserves the right to alter this competition format depending upon the number of entries received.

5.5.4 It is the intention of the organisers to try to ensure that players have at least two fights. However we are not able to make a final decision on the format until after the entry closing date.

5.5.5 Preliminaries of the individual contests & the fight for the bronze medals will be held on 4-5 mats.

5.5.6 The finals will be part of the evening show, on 1-3 mats.

5.5.7 All medallists must attend the evening medal ceremony in white judogi. Medals will only be presented during the ceremonies.

5.6 DURATION OF CONTESTS

The duration of each contest will be that of 4 minutes for boys and girls and the golden score 2 minutes.



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5.7 WEIGH IN

5.7.1 Unofficial weigh-in takes place just before the official weigh in. The weigh-in takes place on the night before at the Garden Court Holiday Inn as the competition for the category concerned.

5.7.2 Exact times for weigh in can be found in the detailed program. The weight of the competitors has to fall within the category in which they are enrolled.

5.7.3 The competitors

- * Presenting them after the closing of the weigh-in, cannot participate at the competition.
- * Can present them only one time at the official weigh-in
- * Must present their CJA accreditation and an official piece of identity (identity card or passport) at the official weigh-in
- * Are not allowed to weigh in naked. Boys must wear underwear and girls at least underwear and a T-shirt. 100g weight tolerance will be allowed.

5.8 DRAW

Note :

5.8.1 Before the draw the lists of each category are hung in the draw room / in the corridor outside the draw room.

5.8.2 Each head of delegation should check that all his inscribed.

5.8.3 Competitors are on these lists and that they are under the right category. No corrections can be made after the draw.

5.8.4 The draw will take place at the venue.

5.8.5 There were no previous Commonwealth Cadet Championships; therefore there will be no seeding for this event. For the rest of the draw separation by nation will be respected.



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5.9 SPECIAL REFEREEING RULES (COMMONWEALTH CADET CHAMPIONSHIPS)

- 5.9.1 Application of Kansetsu-waza is prohibited.
- 5.9.2 The Referee will stop the action if any of the athletes try to apply Kansetsu-waza is prohibited.
- 5.9.3 The Referee will stop the action if any of the athletes try to apply Kansetsu-waza and there will be no penalty.
- 5.9.4 If Tori applies Kansetsu-waza a second time, he is given direct Hansukomake and he is not allowed to continue the competition.
- 5.9.5 Application of Shime-waza is allowed.
- 5.9.6 A competitor who has lost consciousness due to Shime-waza is not allowed to continue the competition.



6.0 COMMONWEALTH JUDO CHAMPIONSHIPS FOR JUNIORS

6.1 DATE

The individual competition will be held on 27 April 2016

6.2 PARTICIPATION

- 6.2.1 Each delegation may enter up to a maximum of 2 competitors per category, totalling up to 32 competitors.
- 6.2.2 The competitors can only be entered only in one weight category, the one in which they are enrolled.
- 6.2.3 The competitors must be the same nationality as the country, which enters them.
- 6.2.4 Competitors who has double nationality can only represent 1 country.
- 6.2.5 After having represented a country in the Olympic Games, in Continental or Regional games or in World or Regional Championships, recognised by the CJA, he may not represent another country unless he meets the conditions set forth in the next paragraph.
- 6.2.6 When a competitor changes nationality, he must wait 3 years before he can represent the new country, unless the two countries concerned (the old and the new country) agree to authorize his entry for the new nationality and this is accepted by the CJA (According to the Olympic Charter Article 42).
- 6.2.7 Each Delegation will be given a number of free accreditation for the Commonwealth Judo Championships for juniors depending on the number of Athletes :

*	01 - 02 competitors	:	02 Officials
*	03 - 04 competitors	:	03 Officials
*	05 - 06 competitors	:	04 Officials
*	07 - 08 competitors	:	05 Officials
*	09 - 10 competitors	:	06 Officials
*	11 - 12 competitors	:	07 Officials
*	13 - 14 competitors	:	08 Officials
*	15 - 16 competitors	:	09 Officials
*	17 - 19 competitors	:	10 Officials
*	20 – 22 competitors	:	11 Officials
*	23 - 25 competitors	:	12 Officials
*	26 – 28 competitors	:	13 Officials
*	29 – 32 competitors	:	14 Officials



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6.3 AGE

Competitors must be under the age of 21 that is born the years 1996, 1997, 1998.

6.4 WEIGHT CATEGORIES

Women : -44kg; -48kg; -52kg; -57kg; -63kg; -70kg; -78kg; +78kg
Men : -55kg; -60kg; -66kg; -73kg; -81kg; -90kg; -100kg; +100kg

6.5 COMPETITION FORMULA

6.5.1 The competition will run on the knockout and simple repechage system: i.e. for all categories the competitors will be divided into two tables by means of a “draw” and an elimination system will be used to produce two finalists, who will compete for the gold medal.

6.5.2 The competitors defeated by the finalists will compete in repackage contests to win the 2 bronze medals. The event Director reserves the right to alter this competition format depending upon the number of entries received.

6.5.3 It is the intention of the organisers to try to ensure that players have at least two fights. However we are not able to make a final decision on the format until after the entry closing date.

6.5.4 Preliminaries of the individual contests & the fight for the bronze medals will be held on 4-5 mats.

6.5.5 The finals will be part of the evening show, on 1-3 mats.

6.5.6 All medallists must attend the evening medal ceremony in white judo.

6.5.7 Medals will only be presented during the ceremonies.

6.6 DURATION OF CONTESTS

The duration of each contest will be that of 4 minutes for men and women under 20 years and the golden score 2 minutes.

6.7 WEIGH IN

6.7.1 Unofficial weigh-in takes place just before the official weigh in.

6.7.2 The weigh-in takes place on the same morning as the competition for the category concerned.

6.7.3 Exact times for weigh-in can be found in the detailed program.



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6.7.4 The weight of the competitors has to fall within the category in which they are enrolled.

6.7.5 The competitors :

- * Presenting them after the closing of the weigh-in, cannot participate at the competition.
- * Can present them only one time at the official weigh-in
- * Must present their CJA accreditation and an official piece of identity (identity card or passport) at the official weigh-in
- * Are not allowed to weigh in naked. Boys must wear underwear and girls at least underwear and a T-shirt. 100g weight tolerance will be allowed.
- * The weigh-in will be held at the official athletes hotel.

6.8 DRAW

Note :

6.8.1 Before the draw the lists of each category are hung in the draw room / in the corridor outside the draw room.

6.8.2 Each head of delegation should check that all his inscribed competitors are on these lists and that they are under the right category.

6.8.3 No corrections can be made after the draw.

6.8.4 The draw will take place at the venue.

6.8.5 In the draw, any medallists in the same weight category from the previous Commonwealth Judo Championships for juniors.



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7.0 COMMONWEALTH JUDO CHAMPIONSHIPS FOR SENIORS

7.1 DATE

The individual competition will be held on 28 April 2016

7.2 PARTICIPATION

- 7.2.1 Each delegation may enter up to a maximum of 2 competitors per category, totalling up to 32 competitors.
- 7.2.2 The competitors can only be entered only in one weight category, the one in which they are enrolled.
- 7.2.3 The competitors must be the same nationality as the country, which enters them. Competitors who has double nationality can only represent 1 country.
- 7.2.4 After having represented a country in the Olympic Games, in Continental or Regional Games or in World or Regional Championships, recognised by the CJA , he may not represent another country unless he meets the conditions set forth in the next paragraph.
- 7.2.5 When a competitor changes nationality, he must wait 3 years before he can represent the new country, unless the two countries concerned (the old and the new country) agree to authorize his entry for the new nationality and this is accepted by the CJA (According to the Olympic Chapter Article 42).
- 7.2.6 Each Delegation will be given a number of free accreditation for the Commonwealth Judo Championships for juniors depending on the number of Athletes :

*	01 - 02 competitors	:	02 Officials
*	03 - 04 competitors	:	03 Officials
*	05 - 06 competitors	:	04 Officials
*	07 - 08 competitors	:	05 Officials
*	09 - 10 competitors	:	06 Officials
*	11 - 12 competitors	:	07 Officials
*	13 - 14 competitors	:	08 Officials
*	15 - 16 competitors	:	09 Officials
*	17 - 19 competitors	:	10 Officials
*	20 – 22 competitors	:	11 Officials
*	23 - 25 competitors	:	12 Officials
*	26 – 28 competitors	:	13 Officials
*	29 – 32 competitors	:	14 Officials



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7.3 AGE

Juniors can enter Senior categories as well.

7.4 WEIGHT CATEGORIES

Women : -44kg; -48kg; -52kg; -57kg; -63kg; -70kg; -78kg; +78kg
Men : -55kg; -60kg; -66kg; -73kg; -81kg; -90kg; -100kg; +100kg

7.5 COMPETITION FORMULA

7.5.1 The competition will run on the knockout and simple repechage system, i.e. for all categories the competitors will be divided into two tables by means of a “draw” and an elimination system will be used to produce two finalists, who will compete for the gold medal.

7.5.2 The competitors defeated by the finalists will compete in repechage contests to win the 2 bronze medals.

7.5.3 The Event Director reserves the right to alter this competition format depending upon the number of entries received.

7.5.4 It is the intention of the organisers to try to ensure that players have at least two fights. However we are not able to make a final decision on the format until after the entry closing date.

7.5.5 Preliminaries of the individual contests & the fight for the bronze medals will be held on 4-5 mats.

7.5.6 The finals will be part of the evening show, on 1-3 mats.

7.5.7 All medallists must attend the evening medal ceremony in white judogi.

7.5.8 Medals will only be presented during the ceremonies.

7.6 DURATION OF CONTESTS

The duration of each contest will be that of 5 minutes for men and women and the golden score 2 minutes.

7.7 WEIGH IN

7.7.1 Unofficial weigh-in takes place just before the official weigh-in.

7.7.2 The weigh in takes place on the same morning as the competition for the category concerned.



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7.7.3 Exact times for weigh in can be found in the detailed program.

7.7.4 The weight of the competitors has to fall within the category in which they are enrolled.

7.7.5 The competitors

- * Presenting them after the closing of the weigh-in, cannot participate at the competition.
- * Can present them only one time at the official weigh-in
- * Must present their CJA accreditation and an official piece of identity (identity card or passport) at the official weigh-in

7.7.6 The competitor shall weigh-in wearing only underclothing, under the supervision of a weigh-in official.

7.7.7 The competitor may be requested to remove his underclothing to ensure he reaches the minimum weight limit of the weight category in which he is entered

7.7.8 The weigh-in will be held at the official athletes hotel.

7.8 DRAW

Note :

7.8.1 Before the draw the lists of each category are hung in the draw room / in the corridor outside the draw room.

7.8.2 Each head of delegation should check that all his inscribed competitors are on these lists and that they are under the right category.

7.8.3 No corrections can be made after the draw.

7.8.4 The draw will take place at the venue.

7.8.5 In the draw, any medallists in the same weight category from the previous Commonwealth Judo Championships for Seniors



8.0 INFORMATION RELATING TO ALL CHAMPIONSHIPS

8.1 FEES

- 8.1.1 The individual **entry fee** for each Championship is Euro 45
- 8.1.2 **Entry fee** must be paid at Accreditation in **SOUTH AFRICAN RANDS** equivalent to the rate of the Euro of that day
- 8.1.3 Email: gensec@judosouthafrica.co.za
- 8.1.4 Entry form can be downloaded here: www.judosa.co.za
- 8.1.5 Individual entering more than one Championship must pay a **separate entry fee** for each Championship.
- 8.1.6 Any competitors **not staying in official accommodation** booked through Judo South Africa must pay an additional surcharge of **Euro 100 Euro per entry** in **SOUTH AFRICAN RANDS** equivalent to the rate of the Euro of that day
- 8.1.7 **Accommodation** to be paid at Accreditation in **SOUTH AFRICAN RANDS** equivalent to the rates in Pound/Euro of that day
- 8.1.8 Entry numbers will be limited, and allocated on a first come, first served basis.
- 8.1.9 Back numbers will be issued at Accreditation and sewing done by Judo South Africa.

8.2 CLOSING DATES

- 8.2.1 Closing date for Final Entry Number : 07 March 2016
- 8.2.4 Closing date for Hotel Reservation : 07 March 2016
- 8.2.5 Travel Schedule: No Later than 07 March 2016
- 8.2.7 Final Entry by Name: No Later than 20 March 2016



9. CONTROL OF NATIONS

- 9.1 The times for check-in and registration for accreditation at the official hotel will be specified in the final detailed program.
- 9.2 Federations must arrive and check-in within the time limit of the check-in and registration for accreditation.
- 9.3 Identity: Nationality and age of the participants. (Each competitor's passport or copy of the passport in case the competitors are still travelling has to be presented to the CJA official. The competitors must not be present at the nation control.)
- 9.4 List of entries: The list entries is confirmed with the CJA official. No inscription will be accepted after the end of the nation control

10. FINANCES

- 10.1 The Federation must be in order with the annual fee and other financial obligations to the CJA.
- 10.2 The **entry fee of Euro 45** per competitor must be paid to the JSA Organising Committee at Accreditation in **SOUTH AFRICAN RANDS** equivalent to the Euro rate of that day
- 10.3 In order to take part at the competition the National Federation must have fulfilled the necessary payments to the organiser and the CJA. The member federation fees to the CJA must be paid prior to the Championships at Accreditation. **NO FEES, NO PARTICIPATION!**
- 10.4 Any competitors **not staying in official accommodation** booked through Judo South Africa must pay an additional surcharge of **Euro 100 per entry** equivalent to the rates in Euro as per that day
- 10.5 **Accommodation** to be paid at Accreditation in **SOUTH AFRICAN RANDS** equivalent to the rates in Pound/Euro as per that day



11. ACCREDITATION

- 11.1 A list of all the inscribed competitors is generated by the booking system, which is confirmed by the head of delegation that it is the final list.
- 11.2 The CJA accreditation cards for the Championships must be presented at the official weigh-in and before each contest.
- 11.3 A passport size photo (jpeg format) of all Executive Members, Officials & Teams must be sent to the Organizing Committee via email prior to arrival, for the issue of accreditation card. The accreditation card will be issued to the participant upon arrival at the Hotel and should be carried at all times. Kindly ensure that photos are clearly identified by names.

12. GENDER CONTROL

The gender control is placed under the responsibility of the National Federations nevertheless the CJA keeps the right to request under certain circumstances the communication of the documentation to the CJA Medical Director

13. MINOR ATHLETE

- 13.1 The National Federation is responsible to obtain all necessary legal approvals and permissions for the minor athlete to take part in the CJA competition. This also applies for Anti-Doping testing.
- 13.2 The National Federation is to ensure that the minor athlete has the parent/guardian permission to undergo these tests.

14. MEDICAL CERTIFICATE

The sex certificate and the medical certificate of the competitors are not required. The competitors will compete under the full responsibility of the federations.

15. INSURANCE

- 15.1 Each National Federation is responsible for insuring its competitors against 'injury and third part risk (public liability)' during the period of the championships.
- 15.1 The Commonwealth Judo Association declines all responsibility.

16. ATTITUDE OF THE COMPETITORS

The federations are responsible visa-a-visa the CJA concerning the general attitude of their competitors.



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17. IMAGE OF ATHLETES

- 17.1 The Federations are responsible to have obtained the rights for the CJA to use the competitor's image in whichever way considers it necessary for the promotion of the sport.
- 17.2 Neither the organiser of the event, nor Judo South Africa (nor any of its officials or members) will be liable or responsible for any personal injury nor any loss or damage to your property arising out of your participation and travelling in connection with these events.

18. JUDO GI

- 18.1 The competitions will be held in white and blue judogi - Grand Masters, Cadets, Juniors and Seniors.
- 18.2 Visually Impaired and Pre-Cadets - white Judogi only
- 18.3 Competitors may make use of Judogi from **all manufacturers**, as long as they comply with the standard IJF sizing regulations. It is not allowed to tape or cover any part of the judogi as this would affect the judogi design and grip of the opponent.
- 18.4 Judogi markings must be in accordance with the standard IJF Regulations. In order to enforce the proper size and measurements of judogi as defined by the Competition Rules and fair conditions for athletes, the special measuring devices SOKUTEKI will be used.

19. BACK NUMBERS

- 19.1 The top part of the back number consists of the Surname and Country of the competitors.
- 19.2 These back numbers can be ordered from www.mybacknumber.com.
- 19.3 It is important to note that production and delivery takes around 4 weeks.
- 19.4 It is the duty of the participating federation / competitors to order this part of the back number in time.
- 19.5 Once the entries have been received, we will contact the players with an option to order 2 back-patches with their name and nation, to be collected at the venue. Our intention is to try to offer this within the entry fee.
- 19.6 The bottom part consists of the Sponsor and the Name of the Event, which will be distributed during the accreditation.



20. ACCEPTABLE MARKINGS

20.1 Advertising on the arms (10 cm x 10cm on both right and left side) can be used by federations and their competitors as usual for their own profit.

21. SELECTION & REGISTRATION OF REFEREES

21.1 The Judo South Africa Referee Director, in conjunction with CJA Head Referee, will choose the Referees by name, who can take part at the CJA Championships. The Federations will get the information in time together with the classification of the referees.

21.2 The costs for travelling of the Referees are at the costs of the member Federation.

21.3 The costs for transfer, board and lodging of the Referees are at the costs of the JSA Organising Committee.

21.4 After the nomination of the Referees, the Federation must confirm the participation by returning the nomination form to the CJA Head Referee care of the CJA General Secretariat (office@judospace.com) by the deadline stipulated in the letter.

22. REFEREE MEETING

A referee meeting is scheduled on 23 April 2016, the evening before the first competition day, 19:00 at the Summerstrand Hotel. Meeting is strictly compulsory.

23. REFEREEING RULES

23.1 The Refereeing rules are the IJF rules.

23.2 It is obligatory to take a decision at the end of each contest.

23.3 For each contest, three Referees will be appointed. Referee draw will be done by the Judo South Africa Referee Director in conjunction with the Commonwealth Head Referee.

24. CJA REFEREE JURY

24.1 The Jury is not an Appeals Jury.

24.2 It can be consulted by the Referees in case of any difficulty.



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24.3 In no circumstances can the competitors or their delegation consult the Jury.

24.4 No protest against the Referees' decisions will be accepted.

25. WITHDRAWAL BY INJURY

During Eliminations :

25.1 If the responsibility of the injury cannot be attributed to one of the competitors, the injured fighter shall lose the contest.

25.2 If the responsibility of the injury is attributed to one of the competitors, the other will be declared winner.

25.3 The competitor responsible for the injury will not be able to participate at the repechage.

25.4 In case of withdrawal, the competitor cannot present himself for the following contests.

During Semi-finals or Finals :

25.5 If the responsibility of the injury cannot be attributed to one of the competitors, the injured competitor shall lose the contest.

25.6 If the responsibility of the injury is attributed to one of the competitors, the other will be declared winner.

Note : A competitor who has been declared as a loser by injury can continue the competition. A competitor, who has got a direct Hansokumake as the penalty against the spirit of our sport, will not be authorised to continue the competition.

26. SPECIAL REFEREEING RULES (Commonwealth Cadet Championships)

26.1 Application of Kansetsu-waza is prohibited.

26.2 The Referee will stop the action if any of the athletes try to apply kansetsu-waza and there will be no penalty.

26.3 If Tori applies Kansetsu-waza a second time, he is given direct Hansokumake and he is not allowed to continue the competition.

26.4 Application of Shime-waza is allowed. A competitor who has lost consciousness due to Shime-waza is not allowed to continue the competition.



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27. POSITION OF COACHES

Chairs for two Coaches per each competition mat, for blue and the white side, will be provided.

28. CONDUCT OF BEHAVIOUR OF COACHES

- 28.1 The Coaches are responsible for his competitors' conduct from entering the competition venue until leaving it, before and after each contest.
- 28.2 Coaching will be strictly limited to communication with the competitors, tactical advice, encouragement, instructions in unexpected situations, such as injury, etc.
- 28.3 The coach will remain seated on his chair throughout the contest.

Forbidden behaviour of a Coach :

- 28.4 Any comment on or criticism of the referees' verdicts.
- 28.5 Demanding correction of the referees' decisions.
- 28.6 Any abusive gestures towards referees, officials, or public
- 28.7 Touching, hitting, kicking, etc. the advertising panels or any equipment
- 28.8 Any kind of behaviour showing disrespect to the opponents, Referees, Officials, opponent's Coach, his own athlete, the public, etc.

Dress code :

- 28.9 Draw : Jackets, suit and tie
- 28.10 Elimination rounds: national track suit with trousers reaching down to shoes.
- 28.11 For the final block program (Evening Show): Jacket, suit with tie.
- 28.12 The following are forbidden at any time: shorter trousers, sleeveless tops, undressed upper body, any kind of head caps and cover, jeans, sweaters or similar sports unrelated dress, flip-flops.

Penalties :

Any coach who infringes upon these rules will be disqualified from accompanying his competitors into competition zone and taking up coach's chair until the end of event (not only for particular day).



29. ANTI-DOPING (IF APPLICABLE)

29.1 Selection of Athletes

- * The Gold medal Winner and another Draw Medallist from the rest
- * TWO tests PER WEIGHT CATEGORY contested

29.2 The summons for the doping test is handed by an escort chief of chaperone or CJA doctor to the competitor selected to the doping control after her/his last contest, when the competitor is leaving the restricted area.

29.3 Another system to give the notification to the competitor can be used if CJA Doctor, Sport Director in charge and Chief of Chaperone so decides.

29.4 The Notification Form to the competitor has to be handed latest when the competitor comes down from the podium after the Award Ceremony.

29.5 The escort writes the time on the form.

29.6 The competitor must sign the form and have a copy.

29.7 The escort gives the original one to the doping control staff, who records the actual time of arrival on the summons, signs it and verifies the identity of the competitor (ID card, passport).

29.8 The competitor has to register by maximum 60 min.

29.9 After he/she has signed the notification form (including press) at the doping control station, the escort has to be physically beside the competitor and keep the competitor under observation (visible) all the time and accompany her/him to the waiting room at the Doping Control Station (DCS).

29.10 Interruption of the doping control procedure is allowed only for victory ceremonies.

29.11 During the interruption of the competitor have to be under observation of the escorts at all times.

29.12 A person may accompany the competitor to the Doping Control Station and may watch all procedures except urination.



Sample taking procedures

- 29.13 Only one competitor at a time shall be called into the test room (working room, consulting area).
- 29.14 The competitor shall select by her/himself a urine collection vessel and check it.
- 29.15 After that she/he goes into the toilet accompanied by DCO. She/he has to wash her/his hands without soap and dry them.
- 29.16 Then he/she urinates a minimum of 90 ml into the collection vessels under observation of the Doping Control Officer who must be of the same gender as the competitor.
- 29.17 After the collection vessel is full or minimum 90 ml urine has been produced she/his urinary bladder. Any clothing preventing the direct observation of the urination shall be removed.
- 29.18 When requested urine volume of 90ml (minimum) has been provided, the competitor shall select a urine control kit, open and check it and pour by her/himself 30 ml (minimum) first into bottle B and then 60 ml (minimum) into bottle A.
- 29.19 Few drops of urine shall remain in the collection vessel to check specific gravity. The competitor shall close the A and B bottles hermetically.
- 29.20 The remaining urine is to be destroyed after sealing of bottles A and B. If the amount of urine is less than 75 ml, partial samples kit or temporary sealing is needed.
- 29.21 If the amount of urine is less than 90 ml, partial sample kit or temporary sealing is needed.
- 29.22 The specific gravity must be 1.010 or higher (stick) or 1.005 or higher in case of refract meter has been used. If not, another sample is needed.
- 29.23 It is the responsibility of the Athlete to provide a Sample with a Suitable Specific Gravity for Analysis.
- 29.24 If his/her first Sample is too dilute, he/she should not need further hydration and therefore should avoid drinking as far as possible until a Sample with a suitable Specific Gravity for Analysis is provided.
- 29.25 The DCO should continue to collect additional Samples until the requirement for Suitable Specific Gravity for Analysis is met, or until the CJA doctor determines that there are exceptional circumstances, which mean that for



logistical reasons it is impossible to continue with the Sample Collection Session.

- 29.26 Such exceptional circumstances shall document accordingly by the EJU doctor. (According to WADA IST: Number of urine samples is as many as needed to get suitable SG. There is no time limit, either)
- 29.27 If it is determined that none of the competitors Samples meets the requirement for Suitable Specific Gravity for Analysis and the CJA doctor determines that for logistical reasons it is impossible to continue with the Sample Collection Session, the EJU doctor may end the Sample Collection Session. In such circumstances, if appropriate **the ADO may investigate a possible anti-doping rule violation.**
- 29.28 The competitor shall declare any medications, vitamins, herbal products, food supplements that were ingested in the previous 7 days. The competitor shall certify, by signing the protocol form, that the procedure has been performed according to the rules of CJA. Any irregularities e.g. problems to keep order, etc. identified for the competitor, accompanying person, officers or CJA doctor shall be recorded.
- 29.29 The Doping Control Officer, accompanying person (if present) and CJA doctor (if present and seen the whole procedure) sign the Doping Control Record.
- 29.30 The competitor shall be given a copy of the Form, and CJA doctor an original and rest of the copies of the form.
- 29.31 After the test procedure he/she and the accompanying person must leave the station.

30. LOCAL INFORMATION

30.1 VENUE

The Championships (Grand Masters, Pre-Cadets, Cadets, juniors, seniors) will be held at the NMMU Summerstrand Campus (South), University Way, Summerstrand, Port Elizabeth, 6001, South Africa.

Google map Link: www.nmmu.ac.za

30.2 AIRPORT

- * Port Elizabeth airport is the official airport for the Championships. A transfer from Official Hotels will be available for all participants and officials hotels will be available for all participants and officials arriving.



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- * Information desk will be available at the Port Elizabeth airport.

30.3 TRANSPORT

- * The organiser will take care of the transportation from the above mentioned airport to the official competition hotels and competition venue during the competition.
- * Transportation services will be offered only to those participants who are accommodated in the official competition hotels.
- * Participating National Federations are responsible for their own travel to SOUTH AFRICA.

30.4 OFFICIAL HOTELS

- * The organising committee is providing hotels on a bed & buffet breakfast basis.
- * Information is available on the website : www.judosouthafrica.co.za
- * Accommodation options include a buffet breakfast, VAT at 14%, and transport to and from the competition and training venue. Hotel bookings are made via Judo South Africa. Dinner is optional at an extra cost.
- * Email : gensec@judosouthafrica.co.za
- * Hotel booking form can also be downloaded here: www.judosouthafrica.co.za
- * Clearly as with all the hotel options there is limited availability and they will be sold on first come first serve basis. We therefore advise participants to book their entry and accommodation early.
- * Our aim is to create an international village feel in the accommodations, to offer 24 hr information points, and 24 hr test scales, along with a pick-up service for those hotels outside walking distance from the venue. We very much hope that the judo community will engage in the spirit of this, to make the accommodation central to “The Friendly Championships”.
- * **RATES :**

Single : 120 Euro / £84 per person per night, bed & buffet breakfast



Twin room : 90 Euro / £63 per person sharing, per night, bed & buffet breakfast

GARDEN COURT KINGS BEACH HOTEL



SUMMERSTRAND HOTEL



31. FAREWELL PARTY

There will be a farewell party for all participants on 28 April 2016 at 20:00. Venue will be informed.

32. VISA

32.1 In order to ensure the smooth issuance of visas, each country / region is asked to contact the nearest South African Embassy or Consulate for necessary paperwork and begin proceeding three months prior o departure at the latest.

- 32.2 The Organising Committee will send necessary documents upon request, such as an invitation letter.
- 32.3 Information for the documentation must provide without delay.
- 32.4 Each country is also asked to pay attention to the validity of passport for each delegation member. (It must be valid until the date of re-entry into each country).
- 32.5 For more information, all member Federations & Associations of Commonwealth Judo Association :
- * The citizenship of the competitors must be verified by persons appointed by the CJA Executive. Evidence of citizenship will be accepted by the production of a valid passport issued by the country for which the competitor wishes to compete.
 - * For the host Federation Team if competitors do not hold a valid passport, a birth certificate or Certificate of Citizenship will be acceptable proof of the competitor's residency in that country.
 - * Where a valid passport covers several countries e.g. a UK passport for England, Scotland, Wales etc. A letter or certificate from the competitors National Sport Authority confirming the competitor's residence in that Country will be required. For any dispute on this matter, it shall be arbitrated on by, and the decision subsequently declared by the CJA Executive President.
 - * Each competitor will be issued with accreditation card this will become the competitor's pass for the duration of the championship.

33. TRAINING REQUIREMENT

Training venue will be made available to participating Teams. More details will be provided at Accreditation for Teams to book their training slots.

34. WOMEN PLAYERS

Female competitors must wear a white short sleeved non-transparent T-shirt. The bra must not have any hard pieces. Long hair has to be bound in order that it does not come loose during contests. Make-up and jewellery are prohibited, and nails must be cut short.



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ENTRY FEES : ALL COMPETITIONS

CLOSING DATE FOR ENTRIES BY NUMBER : 07 MARCH 2016

FEES : 45 Euro – payable at Accreditation IN SOUTH AFRICAN RANDS equivalent to the Euro rate of that day!

Email to : gensec@judosouthafrica.co.za

COUNTRY : _____

CATEGORY	NO OF ENTRIES	ENTRY FEE	ENTRY FEE
Masters – Men		R	R
Masters - Women		R	R
Pre-Cadets – Boys		R	R
Pre-Cadets – Girls		R	R
Cadets – Boys		R	R
Cadets – Girls		R	R
Juniors – Men		R	R
Juniors - Women		R	R
Seniors – Men		R	R
Seniors – Women		R	R
Visually Impaired – Men		R	R
Visually Impaired - Women		R	R
TOTAL		R	R
SIGNATURE			
DATE			

FEDERATION STAMP : _____



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ENTRY FORM : VISUAL IMPAIRED – GROUP 4

BOYS

NOTE : Please submit entry form **NOT LATER THAN 20 MARCH 2016.**
Email to : gensec@judosouthafrica.co.za

COUNTRY			
LEAD NAME			
ADDRESS			
		POSTAL CODE :	
TEL NO		EMAIL	
WEIGHT CATEGORY	FAMILY NAME	NAME	AGE DIVISION
-46 Kg			
-50 Kg			
-55 Kg			
-60 Kg			
-66 Kg			
-73 Kg			
-81 Kg			
-90 Kg			
+90 Kg			

OFFICIALS		
FUNCTION	FAMILY NAME	NAME

SIGNATURE

DATE

FEDERATION STAMP : _____



sport & recreation
Department:
Sport and Recreation South Africa
REPUBLIC OF SOUTH AFRICA



ENTRY FORM : VISUAL IMPAIRED – GROUP 4

GIRLS

NOTE : Please submit entry form **NOT LATER THAN 20 MARCH 2016.**
Email to : gensec@judosouthafrica.co.za

COUNTRY			
LEAD NAME			
ADDRESS			
		POSTAL CODE :	
TEL NO		EMAIL	
WEIGHT CATEGORY	FAMILY NAME	NAME	AGE DIVISION
-40 Kg			
-44 Kg			
-48 Kg			
-52 Kg			
-57 Kg			
-63 Kg			
-70 Kg			
+70 Kg			

OFFICIALS		
FUNCTION	FAMILY NAME	NAME

SIGNATURE

DATE

FEDERATION STAMP : _____



sport & recreation
Department:
Sport and Recreation South Africa
REPUBLIC OF SOUTH AFRICA



ENTRY FORM : VISUAL IMPAIRED – GROUP 5

BOYS

NOTE : Please submit entry form **BEFORE NOT LATER THAN 20 MARCH 2016**. Email to : gensec@judosouthafrica.co.za

COUNTRY			
LEAD NAME			
ADDRESS			
		POSTAL CODE :	
TEL NO		EMAIL	
WEIGHT CATEGORY	FAMILY NAME	NAME	AGE DIVISION
-55 Kg			
-60 Kg			
-66 Kg			
-73 Kg			
-81 Kg			
-90 Kg			
-100 Kg			
+100 Kg			

OFFICIALS		
FUNCTION	FAMILY NAME	NAME

SIGNATURE

DATE

FEDERATION STAMP : _____



sport & recreation
Department:
Sport and Recreation South Africa
REPUBLIC OF SOUTH AFRICA



ENTRY FORM : VISUAL IMPAIRED – GROUP 5

GIRLS

NOTE : Please submit entry form **BEFORE NOT LATER THAN 20 MARCH 2016**. Email to : gensec@judosouthafrica.co.za

COUNTRY			
LEAD NAME			
ADDRESS			
		POSTAL CODE :	
TEL NO		EMAIL	
WEIGHT CATEGORY	FAMILY NAME	NAME	AGE DIVISION
-44Kg			
-48Kg			
-52 Kg			
-57 Kg			
-63 Kg			
-70 Kg			
-78 Kg			
+78 Kg			

OFFICIALS		
FUNCTION	FAMILY NAME	NAME

SIGNATURE

DATE

FEDERATION STAMP : _____



sport & recreation
 Department:
 Sport and Recreation South Africa
 REPUBLIC OF SOUTH AFRICA



ENTRY FORM : VISUAL IMPAIRED – GROUP 6

MEN

NOTE : Please submit entry form **BEFORE NOT LATER THAN 20 MARCH 2016.**
 Email to : gensec@judosouthafrica.co.za

COUNTRY			
LEAD NAME			
ADDRESS			
		POSTAL CODE :	
TEL NO		EMAIL	
WEIGHT CATEGORY	FAMILY NAME	NAME	AGE DIVISION
-56 Kg			
-60 Kg			
-66 Kg			
-73 Kg			
-81 Kg			
-90 Kg			
-100 Kg			
+100 Kg			

OFFICIALS		
FUNCTION	FAMILY NAME	NAME

SIGNATURE

DATE

FEDERATION STAMP : _____



sport & recreation
 Department:
 Sport and Recreation South Africa
 REPUBLIC OF SOUTH AFRICA



ENTRY FORM : VISUAL IMPAIRED – GROUP 6

WOMEN

NOTE : Please submit entry form **NOT LATER THAN 20 MARCH 2016.**
Email to : gensec@judosouthafrica.co.za

COUNTRY			
LEAD NAME			
ADDRESS			
		POSTAL CODE :	
TEL NO		EMAIL	
WEIGHT CATEGORY	FAMILY NAME	NAME	AGE DIVISION
-48 Kg			
-52 Kg			
-57Kg			
-63Kg			
-70 Kg			
-78Kg			
+78 Kg			

OFFICIALS		
FUNCTION	FAMILY NAME	NAME

SIGNATURE

DATE

FEDERATION STAMP : _____



Department:
Sport and Recreation South Africa
REPUBLIC OF SOUTH AFRICA



ENTRY FORM : MASTERS

MEN

**NOTE : Please submit entry form NOT LATER THAN 20 MARCH 2016.
 Email to : gensec@judosouthafrica.co.za**

COUNTRY			
LEAD NAME			
ADDRESS			
		POSTAL CODE :	
TEL NO		EMAIL	
WEIGHT CATEGORY	FAMILY NAME	NAME	AGE DIVISION
-48 Kg			
-52 Kg			
-57 Kg			
-63 Kg			
-70 Kg			
-78 Kg			
+78 Kg			

OFFICIALS		
FUNCTION	FAMILY NAME	NAME

SIGNATURE

DATE

FEDERATION STAMP : _____



sport & recreation
 Department:
 Sport and Recreation South Africa
 REPUBLIC OF SOUTH AFRICA



ENTRY FORM : MASTERS

WOMEN

**NOTE : Please submit entry form NOT LATER THAN 20 MARCH 2016.
 Email to : gensec@judosouthafrica.co.za**

COUNTRY			
LEAD NAME			
ADDRESS			
		POSTAL CODE :	
TEL NO		EMAIL	
WEIGHT CATEGORY	FAMILY NAME	NAME	AGE DIVISION
-48 Kg			
-52 Kg			
-57 Kg			
-63 Kg			
-70 Kg			
-78 Kg			
+78 Kg			

OFFICIALS		
FUNCTION	FAMILY NAME	NAME

SIGNATURE

DATE

FEDERATION STAMP : _____



sport & recreation
 Department:
 Sport and Recreation South Africa
 REPUBLIC OF SOUTH AFRICA



ENTRY FORM : PRE-CADETS

BOYS

NOTE : Please submit entry form **NOT LATER THAN 20 MARCH 2016.**
Email to : gensec@judosouthafrica.co.za

COUNTRY			
LEAD NAME			
ADDRESS			
		POSTAL CODE :	
TEL NO		EMAIL	
WEIGHT CATEGORY	FAMILY NAME	NAME	DATE OF BIRTH
-30 Kg			
-38 Kg			
-42 Kg			
-46 Kg			
-50 Kg			
-55 Kg			
-60 Kg			
-66 Kg			
+66 Kg			

OFFICIALS		
FUNCTION	FAMILY NAME	NAME

SIGNATURE

DATE

FEDERATION STAMP : _____



sport & recreation
Department:
Sport and Recreation South Africa
REPUBLIC OF SOUTH AFRICA



ENTRY FORM : PRE-CADETS

GIRLS

**NOTE : Please submit entry form NOT LATER THAN 20 MARCH 2016.
 Email to : gensec@judosouthafrica.co.za**

COUNTRY			
LEAD NAME			
ADDRESS			
		POSTAL CODE :	
TEL NO		EMAIL	
WEIGHT CATEGORY	FAMILY NAME	NAME	DATE OF BIRTH
-32 Kg			
-36 Kg			
-40Kg			
-44 Kg			
-48 Kg			
-52 Kg			
-57 Kg			
-63 Kg			
+63 Kg			

OFFICIALS		
FUNCTION	FAMILY NAME	NAME

SIGNATURE _____

DATE _____

FEDERATION STAMP : _____



sport & recreation
 Department:
 Sport and Recreation South Africa
 REPUBLIC OF SOUTH AFRICA



ENTRY FORM : CADETS

BOYS

NOTE : Please submit entry form **NOT LATER THAN 20 MARCH 2016.**
Email to : gensec@judosouthafrica.co.za

COUNTRY			
LEAD NAME			
ADDRESS			
		POSTAL CODE :	
TEL NO		EMAIL	
WEIGHT CATEGORY	FAMILY NAME	NAME	DATE OF BIRTH
-50 Kg			
-55Kg			
-60Kg			
-66 Kg			
-73 Kg			
-81 Kg			
-90 Kg			
+90 Kg			

OFFICIALS		
FUNCTION	FAMILY NAME	NAME

SIGNATURE

DATE

FEDERATION STAMP : _____



Department:
Sport and Recreation South Africa
REPUBLIC OF SOUTH AFRICA



ENTRY FORM : CADETS

GIRLS

NOTE : Please submit entry form **NOT LATER THAN 20 MARCH 2016.**
Email to : gensec@judosouthafrica.co.za

COUNTRY			
LEAD NAME			
ADDRESS			
		POSTAL CODE :	
TEL NO		EMAIL	
WEIGHT CATEGORY	FAMILY NAME	NAME	DATE OF BIRTH
-40 Kg			
-44Kg			
-48Kg			
-52 Kg			
-57 Kg			
-63 Kg			
-70 Kg			
+70 Kg			

OFFICIALS		
FUNCTION	FAMILY NAME	NAME

SIGNATURE

DATE

FEDERATION STAMP : _____



sport & recreation
Department:
Sport and Recreation South Africa
REPUBLIC OF SOUTH AFRICA



ENTRY FORM : JUNIORS

MEN

NOTE : Please submit entry form **NOT LATER THAN 20 MARCH 2016.**
Email to : gensec@judosouthafrica.co.za

COUNTRY			
LEAD NAME			
ADDRESS			
		POSTAL CODE :	
TEL NO		EMAIL	
WEIGHT CATEGORY	FAMILY NAME	NAME	DATE OF BIRTH
-55 Kg			
-60Kg			
-66Kg			
-73 Kg			
-81 Kg			
-90 Kg			
-100 Kg			
+100 Kg			

OFFICIALS		
FUNCTION	FAMILY NAME	NAME

SIGNATURE

DATE

FEDERATION STAMP : _____



sport & recreation
Department:
Sport and Recreation South Africa
REPUBLIC OF SOUTH AFRICA



ENTRY FORM : JUNIORS

WOMEN

**NOTE : Please submit entry form NOT LATER THAN 20 MARCH 2016.
 Email to : gensec@judosouthafrica.co.za**

COUNTRY			
LEAD NAME			
ADDRESS			
		POSTAL CODE :	
TEL NO		EMAIL	
WEIGHT CATEGORY	FAMILY NAME	NAME	DATE OF BIRTH
-44Kg			
-48Kg			
-52 Kg			
-57 Kg			
-63 Kg			
-70 Kg			
-78 Kg			
+78 Kg			

OFFICIALS		
FUNCTION	FAMILY NAME	NAME

SIGNATURE

DATE

FEDERATION STAMP : _____



sport & recreation
 Department:
 Sport and Recreation South Africa
 REPUBLIC OF SOUTH AFRICA



ENTRY FORM : SENIORS

MEN

NOTE : Please submit entry form **NOT LATER THAN 20 MARCH 2016.**
Email to : gensec@judosouthafrica.co.za

COUNTRY			
LEAD NAME			
ADDRESS			
		POSTAL CODE :	
TEL NO		EMAIL	
WEIGHT CATEGORY	FAMILY NAME	NAME	DATE OF BIRTH
-60Kg			
-66Kg			
-73 Kg			
-81 Kg			
-90 Kg			
-100 Kg			
+100 Kg			

OFFICIALS		
FUNCTION	FAMILY NAME	NAME

SIGNATURE

DATE

FEDERATION STAMP : _____



sport & recreation
Department:
Sport and Recreation South Africa
REPUBLIC OF SOUTH AFRICA



ENTRY FORM : SENIORS

WOMEN

**NOTE : Please submit entry form NOT LATER THAN 20 MARCH 2016.
 Email to : gensec@judosouthafrica.co.za**

COUNTRY			
LEAD NAME			
ADDRESS			
		POSTAL CODE :	
TEL NO		EMAIL	
WEIGHT CATEGORY	FAMILY NAME	NAME	DATE OF BIRTH
-48Kg			
-52 Kg			
-57 Kg			
-63 Kg			
-70 Kg			
-78 Kg			
+78 Kg			

OFFICIALS		
FUNCTION	FAMILY NAME	NAME

SIGNATURE _____

DATE _____

FEDERATION STAMP : _____



sport & recreation
 Department:
 Sport and Recreation South Africa
 REPUBLIC OF SOUTH AFRICA



HOTEL BOOKINGS

CLOSING DATE : 07 MARCH 2016

Payable at Accreditation IN SOUTH AFRICAN RANDS equivalent to the Euro/Pound rate of that day!

COUNTRY : _____

HOTEL NAME	SINGLE ROOMS	DOUBLE ROOMS	TOTAL	AMOUNT DUE
TOTAL				
SIGNATURE				
DATE				

FEDERATION STAMP : _____



sport & recreation
 Department:
 Sport and Recreation South Africa
 REPUBLIC OF SOUTH AFRICA



FLIGHT ITINERARY

CLOSING DATE : 07 MARCH 2016

COUNTRY : _____

DEPARTURE			RETURN		
DATE OF LANDING IN SA	LANDING TIME IN SA	FLIGHT NUMBER	RETURN DATE FROM SA	RETURN TIME FROM SA	FLIGHT NUMBER
TOTAL					

FEDERATION STAMP : _____



sport & recreation
 Department:
 Sport and Recreation South Africa
 REPUBLIC OF SOUTH AFRICA

